



Paper plates  
Scissors  
Transparent contact paper or Press 'N' Seal  
Flowers and leaves  
Markers  
Hole punch  
Yarn or String

1. Create flower suncatcher frame. Begin by making a frame for your flower suncatcher by cutting a hole in the paper plate.
2. Add a center of transparent contact paper or whatever you have on hand to fit over the opening (overlapping the paper plate by about 1/2 an inch).
3. Press flower petals and leaves to the sticky contact paper.
4. Protect and hold the flower design in place by adding another circle of contact paper over the top to protect and hold the flower design in place.
5. Hang the flower mandala suncatcher by punching a hole at the top of the frame and tie a loop of string for hanging.