



PGA
at Massanutten[®]



| \$145 - 60 minutes | \$225 - 90 minutes

Our most popular service, this massage combines the techniques of moderate to firm pressure massage to relieve tension and stress. This service features a neck wrap and warm towels.

| \$155 - 60 minutes | \$230 - 90 minutes

Introducing the new Therapeutic Bamboo Massage! Also known as warm bamboo massage, Hot Bamboo or Bamboo-fusion, bamboo massage therapy involves the use of various rolls of heated bamboo material. They can be used for any types of pressure, especially useful for those requiring deeper pressure.

| \$145 - 60 minutes | \$225 - 90 minutes

Hot stones are used in conjunction with Swedish techniques to call forth the body's own healing energies and to promote a deeper level of relaxation.

| \$135 - 60 minutes | \$210 - 90 minutes

Experience this wonderfully relaxing massage designed to reduce stress and improve circulation while calming your body and refreshing your spirit.

() | \$150 - 60 minutes

By popular request, we are bringing back our BBW! Experience the best of both worlds, starting with our famous

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\$145 | 60 minutes - This versatile treatment contains aloe vera juice and glycerin which hydrates and heals dry stressed skin. Includes a 30 minute Swedish Massage.

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\$145 | 60 minutes - Shea butter sea salt scrub offers an exfoliating treatment for the hands, feet, and body, removing dull dry skin leaving a natural glow. Followed up with shea butter cream leaving the skin smooth, soft, and hydrated. Excellent for sun damaged and dehydrated skin. The aromas are divine. Peppermint lime stimulates the senses, Lavender calms the senses. It's your choice!

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Our enhancements allow you to experience even more during our service time.

| \$20

| \$15

| \$15 - Increases muscle control, flexibility, and range of motion.

| \$15 - An application of pressure on certain parts of the foot to produce an effect elsewhere in the body.

& | \$15 - This focused massage can impact your entire nervous system leaving you re-energized from head to toe.

| \$15 - Featuring cutting-edge percussive therapy. Unparalleled performance designed to rejuvenate your muscles, alleviate pain, and get you back to life.

| \$20 - The body uses magnesium to help with many important body processes from regulating muscle and nerve function, to helping to manage blood sugar. Getting a massage with magnesium cream targets those sore and aching muscles directly, resulting in a faster absorption into the body and a faster recovery.

(Cannabidiol) | \$20 - May help reduce muscular pain and inflammation.

| \$20

| \$20

| \$20

| \$60

Includes unscented jetted foot soak, unscented foot scrub, lower leg, and foot massage with unscented butter cream or lotion, cuticle and nail care.

| \$75

| \$50

Includes unscented hand scrub, hand massage, cuticle, and nail care.

| \$65

| \$15

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(pedicure only) | \$15



\$155 | 60 minutes - Skin is refreshed and detoxed with a double cleanse, double exfoliation, and a clay masque. For normal, dry, oily, acneic, or mature skin.

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\$160 | 60 minutes - Firms, stimulates, and strengthens the skin. Features a rosemary firming treatment and marine collagen masque. For mature and dry skin types.

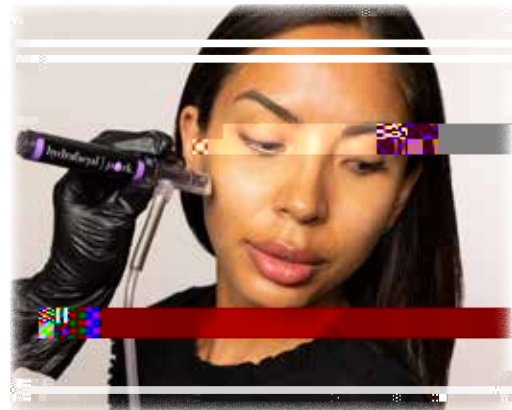
HydraFacials are your new aesthetic go-to this season! This service works wonders on all skin types, whether you're dealing with acne, starting to get those lines of wisdom on your skin, or even if you simply need a refresh. Everyone can benefit from the HydraFacial methodology which utilizes cleansing, exfoliating, pore extracting and infusions. Protect and revitalize your skin at any stage of life with deep hydration and an antioxidant formula.

While the benefits of this service are noticeable after just one treatment, the best skin-boosting results occur when treatments are given every 3-4 weeks. **Ask us about our HydraFacial packages and receive up to 50% off a service!**

Invest in your wellness today at The Spa at Massanutten, and let us **renew your spirits, and your skin**, one HydraFacial at a time.

- Signature | \$195 (30 minutes)
 - Deluxe | \$275 (45 minutes)
 - Platinum | \$325 (60 minutes)
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- Boosters | \$25 - 50
 - LED | \$50 - 150 (depending on level of Hydrafacial)
 - Lymphatic Drain | \$25 - 50
- &**
- \$120 | May be booked as a facial enhancement or stand alone service.

Please visit massresort.com/spa for more info and Hydrafacials package specials.



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Unlike traditional saunas which use heat to warm the air/water and, in turn, your body; an infrared sauna uses light to heat your body directly without warming the air around you. Our Infrared Dry Sauna will heat up 30-100% faster than traditional rock and water saunas and can penetrate skin 40% more to maximize therapeutic benefits.

P a H a B :

- Weight loss; burn up to 500 calories in each 30-minute session
- Detoxification
- Pain relief
- Improved circulation
- Skin purification
- Muscle regeneration



\$145 | 60 minutes

Customized for men's skin care needs.

Renews skin tone and texture while helping soothe and restore razor-burned skin.



Please see our natural nail care services on page 3.

Ma S B M L

You're rough, you're tough, but your skin shouldn't be with our new Buff and Balm!

\$110 | 60 minutes

\$325 | 180 minutes

Includes a Massanutten Signature Massage, Massanutten Classique Facial, and a Massanutten Pedicure.
No substitutions.

\$260 | 120 minutes

The Spa at Massanutten offers

spa products to enhance your overall health, skin, and

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We recommend booking at least 1-2 weeks in advance to receive an appointment time most convenient for you. Please call 540.289.4040 to schedule your appointment. We ask that all appointments be reserved with cash or credit card. Walk-ins are accepted based on availability.

We ask that you arrive 15-20 minutes prior to your appointment to complete client forms. Service time begins when you are greeted by your service provider.

24-hour notice is required to cancel your spa appointment. A fee of 50% of your service will be charged for each cancelled service to cover the time reserved for you without at least 24 hours notice.

No show for your appointment will result in 100% of your appointment fee.
72 hour cancellation notice is required for parties of 4 or more.

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